



Digital Sample

**KINDRED**

*Spirits*

**TWENTY** *25*



**ORANGUTAN** Sumatra

*Young orangutans have a long childhood, a strong bond keeping them close to their mother for many years. The baby clings onto her as she moves through the tree canopy, using her long flexible arms. They curl up together to sleep in a nest built in the branches, rarely descending to the ground. The young gradually learn survival skills.*

January 2025

KINDRED  
Spirits

1	Wed	New Year's Day	12	Sun		23	Thu
2	Thu	Bank Holiday (Scotland)	13	Mon	Wk 3	24	Fri
3	Fri		14	Tue		25	Sat
4	Sat		15	Wed		26	Sun
5	Sun		16	Thu		27	Mon
6	Mon	Wk 2	17	Fri		28	Tue
7	Tue		18	Sat		29	Wed
8	Wed		19	Sun		30	Thu
9	Thu		20	Mon	Wk 4	31	Fri
10	Fri		21	Tue			
11	Sat		22	Wed			



**EMPEROR PENGUIN** Antarctica

*Endemic to Antarctica, the emperor penguin, the largest penguin species, up to 122cm tall and weighing 22–45kg, endures the harshest breeding conditions of any bird. After laying a single egg, the female feeds out at sea. The male incubates the egg for two months through the extreme winter weather, resting it on his feet in a brood pouch.*

February 2025

KINDRED  
Spirits

1 Sat	12 Wed	23 Sun
2 Sun	13 Thu	24 Mon <small>Wk 9</small>
3 Mon <small>Bank Holiday (Eire)</small> <small>Wk 6</small>	14 Fri	25 Tue
4 Tue	15 Sat	26 Wed
5 Wed	16 Sun	27 Thu
6 Thu	17 Mon <small>Wk 8</small>	28 Fri
7 Fri	18 Tue	
8 Sat	19 Wed	
9 Sun	20 Thu	
10 Mon <small>Wk 7</small>	21 Fri	
11 Tue	22 Sat	



### AFRICAN ELEPHANT Botswana

Highly intelligent, African elephants travel in complex herds led by a matriarch, who uses her excellent memory to guide them over a vast range to find watering holes and food. Calves are protected by all the females in the herd. They learn by watching their elders, and gradually get better at using their trunks for feeding and drinking.

# March 2025

KINDRED  
*Spirits*

1	Sat	St David's Day (Wales)	12	Wed	23	Sun	
2	Sun		13	Thu	24	Mon	
3	Mon	Wk 10	14	Fri	25	Tue	
4	Tue		15	Sat	26	Wed	
5	Wed		16	Sun	27	Thu	
6	Thu		17	Mon	St Patrick's Day (BH N Ireland & Eire)	28	Fri
7	Fri		18	Tue	29	Sat	
8	Sat		19	Wed	30	Sun	
9	Sun		20	Thu	BST Starts	31	Mon
10	Mon	Wk 11	21	Fri			
11	Tue		22	Sat			



### GUIRA CUCKOO Pantanal, Argentina

*These shaggy-looking, noisy, social birds live in diverse dry habitats in groups of 6–8 birds, sometimes up to 20. They are non-parasitic and build a communal nest, a large platform of sticks high in a tree, where they roost, huddling together in cold weather. Groups will forage together for insects, frogs, eggs, spiders and small animals.*

April 2025

KINDRED  
Spirits

1 Tue	12 Sat	23 Wed <small>St George's Day (England)</small>
2 Wed	13 Sun	24 Thu
3 Thu	14 Mon <small>Wk 16</small>	25 Fri
4 Fri	15 Tue	26 Sat
5 Sat	16 Wed	27 Sun
6 Sun	17 Thu	28 Mon <small>Wk 18</small>
7 Mon <small>Wk 15</small>	18 Fri <small>Good Friday</small>	29 Tue
8 Tue	19 Sat	30 Wed
9 Wed	20 Sun	
10 Thu	21 Mon <small>Easter Monday</small> <small>Wk 17</small>	
11 Fri	22 Tue	



**GREEN TURTLE** Hawaii, USA

The green turtle is named after the green colour of the fat under its large, flat shell. Found in tropical and sub-tropical waters, they migrate long distances between nesting sites and feeding grounds. Females dig a hole in the sand with their flippers to lay their eggs by night. Once hatched, baby turtles instinctively head for the sea.

May 2025

KINDRED  
Spirits

1 Thu	12 Mon	Wk 20	23 Fri
2 Fri	13 Tue		24 Sat
3 Sat	14 Wed		25 Sun
4 Sun	15 Thu		26 Mon Bank Holiday
5 Mon Bank Holiday	16 Fri	Wk 19	27 Tue
6 Tue	17 Sat		28 Wed
7 Wed	18 Sun		29 Thu
8 Thu	19 Mon	Wk 21	30 Fri
9 Fri	20 Tue		31 Sat
10 Sat	21 Wed		
11 Sun	22 Thu		



## GIANT PANDA Sichuan, China

Found mainly in south-west China, in isolated populations in forests with dense bamboo coverage, giant pandas feed almost entirely on bamboo, consuming a huge amount each day to meet energy needs. They spend much of the day sitting on the ground eating, having enlarged wrist bones to hold the bamboo, but are also good climbers and swimmers.

# June 2025

KINDRED  
*Spirits*

1 Sun

2 Mon Bank Holiday (Eire)

3 Tue

4 Wed

5 Thu

6 Fri

7 Sat

8 Sun

9 Mon

10 Tue

11 Wed

12 Thu

13 Fri

14 Sat

15 Sun

16 Mon

17 Tue

18 Wed

19 Thu

20 Fri

21 Sat Longest Day

22 Sun

23 Mon

24 Tue

25 Wed

26 Thu

27 Fri

28 Sat

29 Sun

30 Mon

Wk 26

Wk 25

Wk 24

Wk 27



## LION Kenya

*In the lion pride, the lionesses look after the cubs, showing affection by head rubbing, licking and purring. The females do most of the hunting, working together to ambush large prey. The cubs are curious and first start stalking at three months old. They join in hunting at about a year old and begin to hunt effectively at about two years.*

July 2025

KINDRED  
Spirits

1 Tue	12 Sat	23 Wed
2 Wed	13 Sun	24 Thu
3 Thu	14 Mon <small>Bank Holiday (N. Ireland)</small>	25 Fri
4 Fri	15 Tue	26 Sat
5 Sat	16 Wed	27 Sun
6 Sun	17 Thu	28 Mon <small>Wk 31</small>
7 Mon <small>Wk 28</small>	18 Fri	29 Tue
8 Tue	19 Sat	30 Wed
9 Wed	20 Sun	31 Thu
10 Thu	21 Mon <small>Wk 30</small>	
11 Fri	22 Tue	



**MONARCH BUTTERFLY** California, USA

Monarch butterflies migrate up to 2,500 miles from the USA and Canada to mountain forests in central Mexico, where they hibernate over winter. Adults have two pairs of bright orange-red wings with black veins and white spots. The eggs are laid on milkwood leaves from which the butterflies ingest toxins, making them poisonous to predators.

August 2025

KINDRED  
Spirits

1	Fri	12	Tue	23	Sat
2	Sat	13	Wed	24	Sun
3	Sun	14	Thu	25	Mon <small>Bank Holiday (Excl. Scotland)</small> <span style="float: right;">Wk 35</span>
4	MON <small>Bank Holiday (Scotland &amp; Eire)</small> <span style="float: right;">Wk 32</span>	15	Fri	26	Tue
5	Tue	16	Sat	27	Wed
6	Wed	17	Sun	28	Thu
7	Thu	18	Mon <span style="float: right;">Wk 34</span>	29	Fri
8	Fri	19	Tue	30	Sat
9	Sat	20	Wed	31	Sun
10	Sun	21	Thu		
11	Mon <span style="float: right;">Wk 33</span>	22	Fri		



**WHITE RHINO** South Africa

*The white rhino has a wide mouth with a square upper lip. Their two keratin horns are used for defense and fighting, although their only predator is man. The rhino calf spends most of its time with its mother, who will defend it fiercely. Calves have better eyesight than their parents, although adults have a good sense of hearing.*

# September 2025

KINDRED  
*Spirits*

1	Mon	12	Fri	23	Tue
2	Tue	13	Sat	24	Wed
3	Wed	14	Sun	25	Thu
4	Thu	15	Mon	26	Fri
5	Fri	16	Tue	27	Sat
6	Sat	17	Wed	28	Sun
7	Sun	18	Thu	29	Mon
8	Mon	19	Fri	30	Tue
9	Tue	20	Sat		
10	Wed	21	Sun		
11	Thu	22	Mon		



**KODIAK BEAR** Uganik Island, Alaska

*Kodiak bears are a subspecies of the brown or grizzly bear, but much larger and heavier, unique to the Kodiak Archipelago islands. They feed on plants, berries and sometimes fish, to sustain them through their long winter hibernation in den, where the cubs are born. Their mother teaches them to exploit food sources and become independent.*

October 2025

KINDRED  
Spirits

1	Wed	12	Sun	23	Thu
2	Thu	13	Mon	24	Fri
3	Fri	14	Tue	25	Sat
4	Sat	15	Wed	26	Sun <small>BST Ends</small>
5	Sun	16	Thu	27	Mon <small>Bank Holiday (Eire)</small> <span style="float: right;">Wk 44</span>
6	Mon <small>Wk 41</small>	17	Fri	28	Tue
7	Tue	18	Sat	29	Wed
8	Wed	19	Sun	30	Thu
9	Thu	20	Mon <small>Wk 43</small>	31	Fri
10	Fri	21	Tue		
11	Sat	22	Wed		



**MASAI GIRAFFE** Tanzania

*This is the largest of nine giraffe subspecies, with jagged spots. The mother Masai giraffe nuzzles, rubs and licks her calf to show bonding, and rarely leaves it alone. At two months the youngsters in the herd start playing in 'nurseries', learning vital survival skills. Mothers take turns to care for the young while others forage for food.*

November 2025

KINDRED  
Spirits

1 Sat	12 Wed	23 Sun
2 Sun	13 Thu	24 Mon <small>Wk 48</small>
3 Mon <small>Wk 45</small>	14 Fri	25 Tue
4 Tue	15 Sat	26 Wed
5 Wed	16 Sun	27 Thu
6 Thu	17 Mon <small>Wk 47</small>	28 Fri
7 Fri	18 Tue	29 Sat
8 Sat	19 Wed	30 Sun <small>St Andrew's Day (Scotland)</small>
9 Sun	20 Thu	
10 Mon <small>Wk 46</small>	21 Fri	
11 Tue	22 Sat	



### EURASIAN LYNX Finland

One of Europe's biggest predators, the Eurasian lynx has long black ear tufts, a bobbed tail and huge webbed paws that act like snowshoes. Lynx live in dense forests with good cover and opportunities to stalk prey, such as small mammals, over a vast range. The kittens are independent at 10 months, although siblings may stay together to hunt.

## December 2025

KINDRED  
Spirits

1 Mon	12 Fri	23 Tue
2 Tue	13 Sat	24 Wed
3 Wed	14 Sun	25 Thu Christmas Day
4 Thu	15 Mon	26 Fri Boxing Day
5 Fri	16 Tue	27 Sat
6 Sat	17 Wed	28 Sun
7 Sun	18 Thu	29 Mon
8 Mon	19 Fri	30 Tue
9 Tue	20 Sat	31 Wed
10 Wed	21 Sun Shortest Day	
11 Thu	22 Mon	



January 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

KINDRED  
Spirits

DECEMBER 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

**ORANGUTAN**  
Sumatra

*Young orangutans have a long childhood, a strong bond keeping them close to their mother for many years. The baby clings onto her as she moves through the tree canopy, using her long flexible arms. They curl up together to sleep in a nest built in the branches, rarely descending to the ground. The young gradually learn survival skills.*



February 2025

KINDRED  
Spirits

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

JANUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MARCH 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
<sup>23</sup> / <sub>30</sub>	<sup>24</sup> / <sub>31</sub>	25	26	27	28	29

**EMPEROR PENGUIN**  
Antarctica

*Endemic to Antarctica, the emperor penguin, the largest penguin species, up to 122cm tall and weighing 22–45kg, endures the harshest breeding conditions of any bird. After laying a single egg, the female feeds out at sea. The male incubates the egg for two months through the extreme winter weather, resting it on his feet in a brood pouch.*



March 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23/30	24/31	25	26	27	28	29

KINDRED  
Spirits

FEBRUARY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

APRIL 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**AFRICAN ELEPHANT**  
Botswana

Highly intelligent, African elephants travel in complex herds led by a matriarch, who uses her excellent memory to guide them over a vast range to find watering holes and food. Calves are protected by all the females in the herd. They learn by watching their elders, and gradually get better at using their trunks for feeding and drinking.



April 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

**GUIRA CUCKOO**  
Pantanal, Argentina

*These shaggy-looking, noisy, social birds live in diverse dry habitats in groups of 6–8 birds, sometimes up to 20. They are non-parasitic and build a communal nest, a large platform of sticks high in a tree, where they roost, huddling together in cold weather. Groups will forage together for insects, frogs, eggs, spiders and small animals.*

KINDRED  
Spirits

MARCH 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 <sub>/30</sub>	24 <sub>/31</sub>	25	26	27	28	29

MAY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



May 2025

KINDRED  
Spirits

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

APRIL 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JUNE 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**GREEN TURTLE**

Hawaii, USA

*The green turtle is named after the green colour of the fat under its large, flat shell. Found in tropical and sub-tropical waters, they migrate long distances between nesting sites and feeding grounds. Females dig a hole in the sand with their flippers to lay their eggs by night. Once hatched, baby turtles instinctively head for the sea.*



June 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

KINDRED  
Spirits

MAY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JULY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**GIANT PANDA**  
Sichuan, China

Found mainly in south-west China, in isolated populations in forests with dense bamboo coverage, giant pandas feed almost entirely on bamboo, consuming a huge amount each day to meet energy needs. They spend much of the day sitting on the ground eating, having enlarged wrist bones to hold the bamboo, but are also good climbers and swimmers.



July 2025

KINDRED  
Spirits

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

JUNE 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

AUGUST 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 <sup>st</sup>	25	26	27	28	29	30

LION  
Kenya

*In the lion pride, the lionesses look after the cubs, showing affection by head rubbing, licking and purring. The females do most of the hunting, working together to ambush large prey. The cubs are curious and first start stalking at three months old. They join in hunting at about a year old and begin to hunt effectively at about two years.*



# August 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24/31	25	26	27	28	29	30

KINDRED  
Spirits

## JULY 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## SEPTEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

### MONARCH BUTTERFLY California, USA

Monarch butterflies migrate up to 2,500 miles from the USA and Canada to mountain forests in central Mexico, where they hibernate over winter. Adults have two pairs of bright orange-red wings with black veins and white spots. The eggs are laid on milkweed leaves from which the butterflies ingest toxins, making them poisonous to predators.



# September 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
36		1	2	3	4	5	6
37	7	8	9	10	11	12	13
38	14	15	16	17	18	19	20
39	21	22	23	24	25	26	27
40	28	29	30				

## WHITE RHINO South Africa

*The white rhino has a wide mouth with a square upper lip. Their two keratin horns are used for defence and fighting, although their only predator is man. The rhino calf spends most of its time with its mother, who will defend it fiercely. Calves have better eyesight than their parents, although adults have a good sense of hearing.*

# KINDRED Spirits

## AUGUST 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24 <sub>31</sub>	25	26	27	28	29	30

## OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



October 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
40				1	2	3	4
41	5	6	7	8	9	10	11
42	12	13	14	15	16	17	18
43	19	20	21	22	23	24	25
44	26	27	28	29	30	31	

KINDRED  
Spirits

SEPTEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23 <sup>30</sup>	24	25	26	27	28	29

**KODIAK BEAR**

Uganik Island, Alaska

*Kodiak bears are a subspecies of the brown or grizzly bear, but much larger and heavier, unique to the Kodiak Archipelago islands. They feed on plants, berries and sometimes fish, to sustain them through their long winter hibernation in den, where the cubs are born. Their mother teaches them to exploit food sources and become independent.*



# November 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
44							1
45	2	3	4	5	6	7	8
46	9	10	11	12	13	14	15
47	16	17	18	19	20	21	22
48	23/30	24	25	26	27	28	29

## KINDRED Spirits

### OCTOBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### DECEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

#### MASAI GIRAFFE Tanzania

*This is the largest of nine giraffe subspecies, with jagged spots. The mother Masai giraffe nuzzles, rubs and licks her calf to show bonding, and rarely leaves it alone. At two months the youngsters in the herd start playing in 'nurseries', learning vital survival skills. Mothers take turns to care for the young while others forage for food.*



# December 2025

wk	Sun	Mon	Tue	Wed	Thu	Fri	Sat
49		1	2	3	4	5	6
50	7	8	9	10	11	12	13
51	14	15	16	17	18	19	20
52	21	22	23	24	25	26	27
1	28	29	30	31			

KINDRED  
Spirits

## NOVEMBER 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
<sup>23</sup> / <sub>30</sub>	24	25	26	27	28	29

## JANUARY 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### EURASIAN LYNX Finland

*One of Europe's biggest predators, the Eurasian lynx has long black ear tufts, a bobbed tail and huge webbed paws that act like snowshoes. Lynx live in dense forests with good cover and opportunities to stalk prey, such as small mammals, over a vast range. The kittens are independent at 10 months, although siblings may stay together to hunt.*